Abe Sailors Of the Year Go Back To Basic

By MC2 (AW) M. Jeremie Yoder Penny Press staff

The three Sailors of the Year (SOY) from USS Abraham Lincoln (CVN-72) flew to Chicago to spend in Feb. 3 through 8, 2007 in the area attending diversity training and several formal events with fellow Sailors of the Year from the Midwest region.

Senior Sailor of the Year Intelligence Specialist 1st Class (SW/AW) Jeremy Heyer, Junior Sailor of the Year Hospital Corpsman 2nd Class (SW/AW) Sylvia Fawson, and Bluejacket of the Year Storekeeper Seaman Jason Wong participated. The trip was supervised and facilitated by Torpedoman's Mate Chief (SW/AW) Regina Hawley.

The three Sailors, Hawley said, were selected from among their peers for their outstanding leadership, service, and dedicated hard work both to their respective work centers as well as to the ship as a whole.

"I am very pleased with the selection of these three Sailors," Hawley said. "They represent the Lincoln well and their selection has made them more hungry to succeed (in the future)."

Prior to the start of the week's official activities, the SOYs spent several hours with a division of recruits on Sunday the 4th, prior to the Super Bowl, fielding general questions from the recruits concerning life in the fleet and reacquainting themselves with Recruit Training Command (RTC), Great Lakes.

"There was a very real value in the interaction with the recruits," Heyer said. "I think that it was valuable both for them and for us."

Heyer also noted that the time was special simply because it afforded



USS Abraham Lincoln (CVN 72) Sailors of the Year (from left to right) HM2 (SW/AW) Sylvia Fawson, SKSN Jason Wong, TMC (SW/AW) Regina Hawley and IS1 (SW/AW) Jeremy Heyer look at a model of USS Theodore Roosevelt (CVN 71) at the Great Lakes Naval Museum.

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Ship's Store Penny Lane Re-opens On Board Lincoln

By MCSN Dennis Irwin Penny Press staff

USS Abraham Lincoln (CVN 72) is coming "back to life" this week. The Dry-dock Planned Incremental Availability (DPIA) at Puget Sound Naval Shipyard and Intermediate maintenance Facility is nearing an end and ship's services are coming on line.

The aft galley, named Penny Lane, reopened February 15 on board with new and repaired equipment, a 21-day cycle menu and crew of culinary specialists to continue feeding Lincoln Sailors..

"All of the galley's equipment like ovens, mixers, freezers, grills and sculleries have been replaced, repaired and tested by the Navy's Supply Equipment Assist Team (SEAT) and ship's force," said Chief Culinary Specialist (SW) Renardo D. Robertson, head culinary specialist aboard Lincoln. "Culinary specialists on Lincoln have continued to provide good meals while in DPIA and are charged about working on the ship again."

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Lincoln Pride. Your carrier at work.

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Community News

Movie tickets are on sale in the MWR office for \$5 each. Tickets can be purchased for Regal and AMC/Lowes theaters.





NAVY
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Black History Month Spotlight



On February 12, 1909, the National Association for the Advancement of Colored People (NAACP) was founded by a group of concerned black & white citizens in New York City. The **Penny Press** is an authorized publication for members of the military services and their families. Its content does not necessarily reflect the official views of the U.S. Government, the Department of Defense, the Department of the Navy, or the Marine Corps and does not imply endorsement thereby. All articles are subject to editing. Due to a need for timely news stories, there is no guarantee when a particular story will run.

Local Stories

USS Abraham Lincoln Moving Further Into Digital Age

By MCSN KATHLEEN CORONA Penny Press staff

The ship's wheel is a memorable part of nautical lore, from pirate ships to the Nina, the Pinta and the Santa Maria, the Titanic and even to many ships in today's U.S. Navy, the wooden helm with its different spinning gyros and the large, wooden wheel is always there.

But for the USS Abraham Lincoln (CVN 72) that is no longer the case. Abe is now equipped with a state of the art, all-digital, automated helm. The 16-inch wooden wheel has been replaced with a much smaller, plastic steering wheel, and many of the gyros are gone.

"It's a more sophisticated system," said Engineman 3rd Class Thomas Bradley, master helmsman on Abe. "All the information we need to drive the ship is all on one touch screen now."

Installation of the new helm began during the second month of Lincoln's stay in the dry-dock planned incremental availability (DPIA) and the final touches on the system are underway right now.

The new, all-digital helm now only needs one person to steer the ship underway. With the old helm, two

watch standers were needed behind the helm, Bradley said.

"There was the helmsman and the lee helmsman," he said. "The helmsman drove the ship, or kept its course, and the lee helmsman controlled the speed of the ship. Now that can all be done by one person on the new system."

Training with the digital helm began before the USS John C. Stennis (CVN 74) pulled out of Bremerton, Wash., for its Western Pacific Deployment. Abe's helmsmen learned how the digital system worked onboard Stennis.

According to Bradley, all of the equipment in the bridge is brand new, from the helm to the new Voyage Management System (VMS) which charts out the ship's entire course while at sea. The ship can even be controlled through VMS with an "auto-pilot" like setting.

According to Bradley, many of the ships in today's Navy already have the new digital helms and it was time to update Lincoln's system.

"I think the ship is now in the forefront of naval technology with the updates in the helm," Bradley said.

Bradley said he doesn't expect any problems with the digital system and is excited to use it underway.

The United States Navy Honors Presidents' Day

By MC2 (SW) MICHAEL COOK Penny Press staff

Monday will be a federal holiday as we celebrate Presidents' Day. The holiday first began on February 22, 1880 in order to observe George Washington's birthday and his numerous contributions to a young nation.

Over the course of the next century people unofficially began to refer to the holiday as President's Day to include Abraham Lincoln's birthday (February 12).

In 1986, Congress implemented a plan to celebrate Presidents' Day on the third Monday in February in order to honor both Washington and Lincoln. The federal government and many state and local governments still officially designate the holiday as Washington's Birthday, although most calendar makers refer to it as Presidents' Day.

The U.S. Navy began naming ships to honor past presidents during World War II. In 1945 the Department of the Navy had just completed their largest aircraft carrier, USS Franklin D. Roosevelt (CVB 42). Roosevelt was named just months after the death of the President in order to honor his legacy. A few decades later, the Navy again honored another influential president and former Navy lieutenant with the carrier USS John F. Kennedy (CV 67).

Nimitz-class carriers all bear the names of significant individuals in American history. Seven of the 10 carriers in the class are named after presidents, including USS

George H. W. Bush (CVN 77) planned for commission in 2009. The Navy's newest class of carriers will begin construction in late 2009, and will be named after past President Gerald R. Ford.

Active aircraft carriers carrying names of past presidents:

USS Dwight D. Eisenhower (CVN 69)

USS Theodore Roosevelt (CVN 71)

USS Abraham Lincoln (CVN 72)

USS George Washington (CVN 73)

USS Harry S. Truman (CVN 75)

USS Ronald Reagan (CVN 76)

Still to be commissioned:

USS George H. W. Bush (CVN 77)—due for commission in 2009

USS Gerald R. Ford (CVN 78)—due for commission in 2015

Lincoln Pride







All Photos By MCSN Kathleen Corona

Cmdr. Todd Freedman purchases some food items from SHSN Michael Childers at Lincoln Mall's opening day February 12.

Ship's Store Reopens On board USS Abraham Lincoln

By MCSN MICHAEL MCNABB Penny Press staff

On February 12th the Lincoln Mall reopened its doors to the men and women aboard the USS Abraham Lincoln.

"It seemed like it would be a good idea to reopen the ship's store on Lincoln's birthday," said SH3 Joshua Jokela.

After planning when to open the store S-3 division worked for three days transferring products from a nearby barge back to the ship.

While the merchandise the ship store has offered its customers is still available, there will be many new products to choose from.

Highlighting the opening of the store, the Lincoln Mall released the DVD of The Departed, A Martin Scorsese film starring Jack Nicholson and Leonardo DiCaprio, a full day before it was to be released in the stores.

Also new to the store are an assortment of Lincoln cups and mugs, a new style of Lincoln jackets and a newly designed Lincoln coin.

According to Sales Officer LTJG Wendell Stephens the Lincoln Mall will be seriously pursuing acquiring other new products. "We're trying to get Nike products in here," said Stephens, "And if we do that the

Lincoln would be only one of two ships to carry them, just us and the Reagan." Also soon to come are docking stations for IPODs.

The Lincoln Mall is planning to do give-a-ways to celebrate the arrival of Navy Cash, the ship's cashless debit transaction system, which is scheduled



for completion on approximately February 27th. They will be giving away an assortment of DVD's and other prizes.

At approximately 10 a.m. the ship's store opened its doors. CSSA Stedman was the first to walk through the doors. Without a doubt the new-and-improved Lincoln Mall will have many more customers to come.

Mews

SOY

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the recruits an opportunity to meet with and talk to fleet Sailors who are in a unique position to answer the recruit's questions and talk with them in a way that their recruit division commanders cannot.

"I wish that I had received a similar opportunity while I was in boot camp," Heyer said.

On Monday, Feb. 4, 2007 Heyer, Fawson, Wong and Hawley met with their fellow Sailors of the Year and spent the day touring Naval Station Great Lakes and learning a bit more intimately the role the base serves in the Navy's overall mission.

Among the many stops made throughout the day was an extended tour of Hospital Corpsman "A" school, a visit that especially interested Fawson, who was curious to see how the school and curriculum had changed since the completion of her time there a few years prior.

"School has changed a lot over the past eight years," Fawson said. "It has definitely grown and it is nicer, and newer, but I am concerned that the new corpsman may not be adequately prepared for the work that they will have to do in the fleet," a concern, she added, that was the result of the school's transition from classroom and hands-on training to computer-based training.

Tuesday morning the SOY's headed south

to the city of Chicago in order to attend diversity training for three consecutive days at Northeastern Illinois University.

The training was a practitioner's course in workplace diversity, and was intended to equip and prepare attendees to become leaders in their respective fields.

While comprehensive and rigorous, the Sailors discovered the training to be well worthwhile in both the learning it offered and the welcome change it gave from shipboard life and work.

"It (the training) was extremely valuable," said Wong, "because it gave me a more comprehensive framework to understand what diversity really is. It also equipped me with tools and resources that I could practically take back to the Lincoln, and ultimately use to train others."

"I think (the training) was a valuable addition to the trip. Especially as a leader, diversity is an important issue to understand," Hawley said. "Really it is an issue that is important regardless of rank or pay grade."

"I think that (diversity training) really opened my eyes to see the differences between myself and others who are different than I am, whether by virtue of age or culture," Heyer said. "After the training, I feel better equipped to lead my Sailors."

Following the completion of the three

day training seminar, the Sailors again spent Friday with their fellow Sailors of the Year, attending such events as a recruit graduation ceremony at RTC Great Lakes and an official luncheon celebrating their selection as the Midwest Region's Sailors of the Year.

Fawson noted that one of her favorite aspects of the week was the time the Sailors spent together doing Battle Stations Tuesday night.

"I wish that we had been able to participate more than we did (because of the diversity training), but what we were able to do was fun," Fawson said. "As Battle Stations change, I hope that the events prepare the Sailors well for the reality of working in the fleet."

"Trips like this," Hawley said, "are important, because it causes the Sailors to be mindful that as Sailors of the Year they really are leaders."

"(The trip) also helps to better prepare them to communicate and understand the ideas and mindsets of the new Sailors (from RTC, Great Lakes)," Hawley said. "In the end, I think that the trip made the Sailors of the Year realize that what they do is about the new recruits and not about themselves."

Ultimately, Hawley said that if the Sailors understood the role of the trip within the context of their training as leaders for the next generation of Sailors, it was valuable.

Welcome Aboard The Lincoln 1100 A1 1 1 1 1 (017) HM2 Eduardo Alaniz QMSR Jonathan Izzett HTER Steven Serna

USS Abraham Lincoln (CVN 72)

would like to welcome the following Sailors on board:



OSSR Zachary Owen OSSA Alicha Roblez IT2 Timothy Firkins AS1 Robert Spicer AOAR Jeremiah Baker IC2 Jeffrey Dunkin AT1 Michael Herndon AOAR Christopher Holquin SKC Nelson Madamba **EMFA Samuel Medina** ABH3 Thomas Delgado ATAR Joshua Mitchell ABH3 Jerson Emiano ET3 William Kluender **ABEAR Shaun Bankston** AREAR Shannon Eck **BM1 John Fuller ABEAR Melissa Halsey OSSR Adam Charter ADAA Marty Shepard**

QMSR Jonathan Izzett SKC John Rego **SK2 Emily Rodriguez ETSA Ryan Cole** CS2 Eteban Fernandez **SKSR Ryan Wells ABHC Reycard Abrenilla** MM2 Anthony Rossi ABFAN Donald Shelvin Jr. **EMFN Daniel Allen** SHSN Charae Tyre **HTCS Timothy McPeek ETSN Christopher Bogert ETSN Christopher Johnson ETSA Tanner Squire ASAA Kellie Brodie** OS2 Darien O'Neal **FCSN Randy Sorensen** SHSR Gary Borja **YNC Kevin Martin**

SHSR Romann Martin

HTFR Steven Serna
CTA2 Larry Elder
AA Eduardo Fajardo Jr.
AR Mark Hannah II
IT2 Robbin Lewis
ABEAA Brian Luce
AR Eric Matos
AR Corey Roudebush
AR Roman Roumiantsev
AN Tou Vue



Local Stories



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo By MCSN Ronald Dallatorre

ABH3 Sean Czuchaj receives the Sailor of the Week Award from Lincoln's Commanding Officer Capt. C. A. McCawley.

PENNY

Continued from page 1

For the past six months, Sailors were eating their meals on a barge moored several hundred yards from the ship.

"All of our internal and external customers are onboard right now, so this is a major convenience to accomplishing our mission," Robertson said. "Anytime we need food items or basic repairs, ship's force aboard can be called on instead of waiting until after hours to fix a problem."

Robertson said Penny Lane is responsible for feeding the bulk of Lincoln's crew while in port and serves over 10,000 meals a day while the ship is underway. He also said the new additions and repairs to the galley would enhance production while out to sea and in port.

Along with new equipment Lincoln will start utilizing the Navy's "open mess" operation. The operation keeps

all galleys on board within the same 21-day cycle menu.

"The 'open mess' is becoming the Navy standard," Robertson said. "It will save money and man hours on a carrier."

This is Lincoln's first run with the new operation.

Lincoln will see various new menu items during each meal in an effort to provide a more nutritious diet to Lincoln Sailors.

"The menu items differ from the last cruise; we are getting rid of a lot of the sandwiches and sliders," said Culinary Specialist 1st class (SW/AW) Nicholas McCann. With the addition of more fish entrees and items like pasta primavera Lincoln is moving toward a more health conscious menu."

Robertson said the culinary specialists are working around the clock to come up with more creative and innovative menu items to keep Lincoln Sailors healthy and well fed.

Editor's Top 10

Things to do with your last \$5...

- 10. One fine meal at Taco Bell.
 - 9. Buy a pack of smokes.
- 8. Make 5, 20 minute phone calls.
- 7. Buy 5 dollars in gas.
- 6. Buy 5 lottery tickets
- 5. Buy an MWR movie ticket
 - 4. Buy breakfast and lunch on Lincoln.
- 3. Drive to Vancouver and turn it into 8 dollars Canadian.
- 2. Buy a bottle of A-1 and hot sauce.
 - 1. Purchase 2 beers and a ride with the smart driver